

Got Lots of Unfinished Work?



🏏 in f 🗌 🚥

We humans tend to think we're on stage, instead of part of the massive endlessly creative whole



Photo by Rita Astrovich on Unsplash

am a creative writer who writes a lot but submits very little. I have folders bursting with marked-up drafts, drawers jammed with forgotten journals, and files littering my computer desktop like amber leaves in November.

Autumn usually starts with excitement about new projects — I'm going to really do something this time, I say: start a new blog, submit personal essays, write a memoir.

And then something happens — maybe the writing starts feeling hard, or I get too many constructive comments, or the book starts looking like a mountain I'm not equipped to climb, and then I wander off to sign up for yet another writing workshop.

Anna L Benson

This fall, as the same pattern began to reveal itself, I saw that every season of unfinished writing is like a tray of seedlings. I plant the seeds, water them, and coax them to grow under ultra-violet lamps. But I never push them out into the sunlight and fresh air. Kept down there in the basement, eventually they turn yellow and flop over.

I often assume that old writing can be dusted off and revived, but when I look at stuff I wrote even just a few weeks ago, it feels stale. As if the work — and the person who wrote it — is now covered with a layer of powdery mildew.

Ross Gay, who decided to write an informal essayette every day for a year in <u>The Book of Delights</u>, says that his delight is multiplied when he shares it. For a piece of writing — or any creation — to realize its full potential, it must be let go to shine forth in the world.

My son was teaching a gardening song to his little sister on a long car trip, and as he repeated the song over and over in his high voice, its wisdom seeped in:

Plant four seeds In a row One to rot One to grow One for the pigeon and one for the crow

The farmer fully expects most of the seeds not to take off, and yet he plants them anyway. Most of nature's products get reabsorbed and dissolved, but plants keep producing fruit, seeds, flowers — trillions of them. Writers keep writing, because life is always unfolding and there is always something new to examine, to celebrate, to share.

But keeping baby plants inside because they're too tender, or not planting seeds because most won't germinate, is allowing fear to halt the creation process. Maybe an article will reach a lot of people, maybe it won't. Maybe a crow will eat it and poop it out in a more suitable location. Maybe it will rot, enriching the soil for a family of worms.

So don't create as if you were performing in a stadium. Create like a maple Anna L Benson spawning thousands of winged seeds — and letting them all fly.

Create like the Nature that you are. The massive quantity of writing out Shontae Rea there is as bountiful as the leaves that drop in fall, composting into the earth for spring buds.

Keep creating, and pushing it out into the sunlight. You have plenty more where that came from.





Amy Suardi

Mother of five and writer of flash-memoir, poems, and slice-oflife essays on my beautiful terrible pandemic life at PaintingALifeWithWords.com.



The Startup

(Following 🗸

Get smarter at building your thing. Follow to join The Startup's +8 million monthly readers & +725K followers.

More From Medium

More from The Startup



What is Blockchain? Simply Explained by a 15-Year-Old

More from The Startup



No One Wants 40 Hour Work Weeks Anymore. Everyone Wants to Work 4 Hours Per Week on a Laptop In Bali



Yele Mogotsi in The Startup Jun 11 · 7 min read ★ More from The Startup



You Absolutely Shouldn't Start a Side Hustle



🖑 11.7К 🗌 🗔

🖑 4.5K

Learn more.

Medium is an open platform where 170 million readers come to find insightful and dynamic thinking. Here, expert and undiscovered voices alike dive into the heart of any topic and bring new ideas to the surface. <u>Learn more</u>

Make Medium yours.

Follow the writers, publications, and topics that matter to you, and you'll see them on your homepage and in your inbox. <u>Explore</u>

Share your thinking.

If you have a story to tell, knowledge to share, or a perspective to offer — welcome home. It's easy and free to post your thinking on any topic. <u>Write on Medium</u>

